



Skin Revive Patient Education

Ingredients:

- Ascorbic Acid
- Vita Complex (thiamine HCL (B1), riboflavin 5 phosphate (B2), niacinamide (B3), dexpanthenol (B5), pyridoxine HCL (B6))
- Biotin
- Alpha Lipoic Acid
- Glutathione

Benefits:

- Supports skin health
- Brightens appearance
- Softens skin texture
- Promotes a healthy complexion



Contraindications:

- Cardiac history including but not limited to CHF, CAD- unstable angina, anticoagulant use
- Acute gastritis (B3 increases stomach acidity)
- Optic atrophy or Leber's Disease (risk to worsen condition)
- Severe kidney disease (risk for toxicity; fluid overload)
- Severe liver disease (B3 increases liver enzymes; risk for toxicity)
- Active or history of cancer (risk for cell proliferation; risk for interaction with medications/treatments)- Oncology clearance
- Allergy or sensitivity to eggs or any component of mixture including benzyl alcohol, sodium hydroxide or hydrochloric acid
- Chronic alcohol use (B1 deficiency combined with ALA may lead to serious health conditions)
- Uncontrolled diabetes

Caution:

- Pregnancy or breastfeeding (OB clearance)
- Less than 18 years old (Pediatrician clearance)
- Diabetes (ALA may decrease blood sugar, diabetic patients to check blood sugar before and after infusion)
- Asthma (glutathione may induce asthma attack)- pt to bring inhaler
- Lab draw scheduled within 1 week post infusion (biotin interferes with thyroid panel)
- Gout (may lead to flare)
- Thyroid disease (ALA known to decrease circulating T3/T4)
- Hemochromatosis (risk for iron overload)
- Low blood pressure; hx of orthostatic hypotension (B3 may further lower BP)
- Chronic alcohol use (requires thiamine supplementation prior to infusions)- NP clearance
- Thiamine deficiency (should take supplemental thiamine prior to ALA use)
- Blood thinner use (ALA may increase bleeding time)- NP clearance
- Nitroglycerin, nitrate use (glutathione may alter metabolism)- Notify NP
- Liver disease (B3 increases liver enzymes; risk for toxicity)
- Kidney disease (risk for toxicity; fluid overload)
- Hx of kidney stones (may exacerbate)
- Hypotension/ hx of orthostatic hypotension (may exacerbate/ induce)